

INTAKE SUREY ON BULLYING I THE WORKPLACE

1. How many times have you felt bullied on your job?

All the time                      Sometimes                      Never

2. How do you feel about coming into work every day?

Dread/Anxiety                      Does not apply                      Looking forward

3. Have your supervisors or colleagues bullied you?

All the time                      Sometimes                      Never

4. Have you been subjected to bullying on the job during the last six months?

All the time                      Sometimes                      Never

5. Do you feel increased stress and tension on the job?

All the time                      Sometimes                      Never

6. Have you been absent from your job more than usual?

All the time                      Sometimes                      Never

7. I am able to work effectively inspite of any personal worries I have on the job.

All the time                      Sometimes                      Never

8. How would you describe the management style in your department?

Poor                                      Satisfactory                                      Excellent

## Life Coaching Assessment on Bullying

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**Life Coaching Assessment of Challenges**

9. The biggest challenge I am facing is \_\_\_\_\_

10. I'm quite concern about \_\_\_\_\_

11. One of my other challenge is \_\_\_\_\_

12. Something I do that challenges me the most \_\_\_\_\_

13. How long have you struggle with these challenges? \_\_\_\_\_